

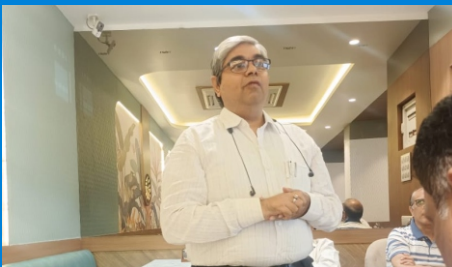
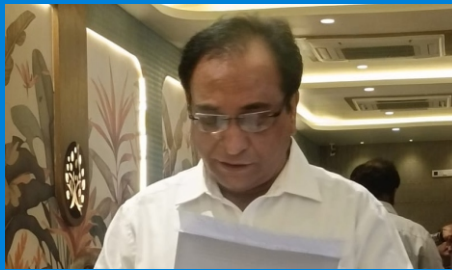


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CONGRATULATIONS 50TH SATURDAY MEETINGS



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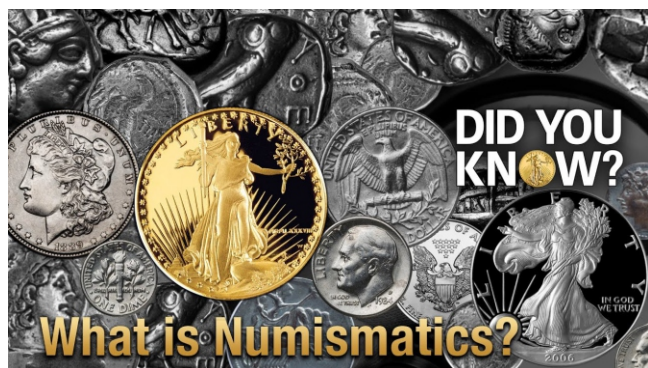
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WHAT IS THE SIGNIFICANCE OF NUMISMATICS ?

SANDEEP SHAH



Numismatics is the study or collection of currency, including coins, tokens, paper money, medals and related objects. The coins play a vital role in illuminating history not known from other sources and help in its reconstruction. Coins are important for the study of history. They also confirm, modify and even amplify history.

The motifs, symbols, stamp used on the Indian coins since ancient times depict a lot about the rulers and their reign. Many archaeologists and explorers have done a deep analysis of these ancient Indian coins. This study of coins is known as Numismatics.

Advantages of Numismatics :

- 1) Private Transactions. One incredible benefit of purchasing collectible coins is that these transactions are private & anonymous.
- 2) Easy to Transport.

3) Coins are portable so you can move your wealth around much easier than a vacation home or a yacht. Ready To Be Passed Down.

Coin collecting can be an incredibly educational experience for children. Each coin tells a story, providing young collectors with fascinating historical and cultural information. As children learn about different coins and their origins, they develop a deeper understanding of the world around them.

Sandeep Vadilal Shah

MA : Numismatics and Archaeology

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SANDEEP SHAH (+91-9820318422):

Sandeep is managing and guiding 2 companies – Solomon Hobby Collections & R S Hobby Collections in Mumbai. He is qualified as a Masters in Numismatics & Archeology from Mumbai University. He is a Coin Grader, Decipher, Cataloguer, Writer & Exhibitor. He is a distinguished Life Member of Mumbai Coin Society & Gujarat Coin Society. Sandeep is associated with few Auction Houses, Corporates, Film Personalities, HNI's & Strategic Investors. He has just completed 35 years in the field of Numismatics which he started as a hobby. Sandeep is one of the leading executive of the Group.



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UNVEILING THE JEWEL WITHIN

DR. PURRVI PATEL

Every year the whole world celebrates International Women's Day on 8th March. So, being a woman, I dedicate this article to all my lovely Divas and I salute all including me for the unconditional love, care and sacrifices we make to help every relationship of our life.

Today I would like all my Divas to embark on a journey of self-discovery and empowerment, because we need to unveil the jewel within each and every one of us.

But before that I want to tell u a small story.

Once upon a time a Begger was sitting at corner of road and a stranger passed by. The Begger asked the stranger for money but stranger told him I have nothing to give you but u tell me what is the box you are sitting upon? Have u opened it any time? the Begger told him no I never opened it and I don't feel to open that box but the stranger insisted him to open the box and Begger opened it and he got astonished because the box was full of jewels and money.

Now I am that stranger I am asking to all of you lovely divas have you ever opened the box?

CONFUSED? Let me tell u my divas that this box is your inner self where all the jewels of Love, Appreciation, Kindness, Help, Care, Joy, Happiness, Fulfilment, Acceptance are lying within you and you are always looking for all these in outer worlds now tell me are we all not behaving like that Begger? By expecting all these emotions from outer world and the world is telling you I have nothing to give you.

Here I want to share with an eye opener fact that what you feel inside about yourself that only you will get from outside. The world is mirror of your own self

Example: Have u all gone on mountain and said your name loudly? whose name you heard in back? your only, right?

Same thing applies here too when you have loved and accepted yourself the way you are

then the whole universe accepts and loves you back.

You will say but Life is a rollercoaster and how we can constantly stay in the feeling of fulfilment. We face all sorts of ups and downs. But if we have strong inner self and self-love then we can face any kind of storm no matter how big it is.

Let's be real. How often do we actually take a breather and look after ourselves? Not enough, I bet. So, let's promise ourselves to take a little time out for self-care. It's not selfish—it's necessary. Let's do stuff that makes us happy and recharge our batteries.

And guess what? we're capable of doing amazing things. Seriously! You have the power to make your dreams happen. But first, you gotta believe in yourself.

Now, here's a little exercise to boost your confidence: Close your eyes and imagine yourself as the superhero you are. Feel the love and strength inside you. Repeat after me: "I am strong. I am worthy. I am enough."

Keep saying it until you feel it in your bones. You got this!

You know, sometimes we forget just how strong and incredible we are. We're constantly juggling a million things—work, family, friends—and it can be overwhelming. But here's the thing: we're not alone. We've got each other. We're a sisterhood, a tribe of strong, badass women who lift each other up. Yes, the real women empowerment lies in uplifting and helping each other

You know how we make full of ourselves? We love our mother but if only two words get attach to the word Mother and those words are IN LAW our love transfers into fear and hat WHY?

We love our sister a lot but if two words IN LAW attaches with the word sister, we feel comparison and hat WHY?

SO DON'T GO IN TRAPE OF RELATIONSHEEP TAGS JUST BE WITH YOUR INNER STRENGTH AND REMEMBER OF YOUR INNER JEWEL

So, let's lean on each other when we need to. Let's celebrate each other's victories and support each other through the tough times. Together, we're unstoppable. And when a women cheer for other women despite of labelling of relationship that's a real women empowerment.

And remember, it's okay to ask for help when we need it. We don't have to do it all on our own. There's strength in vulnerability, in admitting that we're not perfect and that's okay.

So, as we celebrate Women's Day today, let's make a pact to prioritize ourselves, to love ourselves a little more, and to lift each other up every chance we get.

Empowered women empower women.' Together, let's lift each other up, embrace our strength, and shine bright.

Happy Women's Day, everyone!

Dr. Purrv Patel

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UNDERSTANDING SHRI RAM RAKSHA STOTRA - II

KRUPA SHAH



Hi friends, I am Krupa Shah and welcome back to next episode of reviving the ride to mysterious world. Let's open the untouched walls of this world. With the ignite of flame of patriotism and Hinduism, let us talk about the remaining part of 'Ram Raksha Stotra'. As mentioned earlier, Sri Ram Raksha Stotra is most powerful and protective shield which had its origins in the Sanskrit language and is one of the most popular Hindu devotional prayers that is address to Lord Shri Ramchandra.

जानुनी सेतुकृत्पातु जङ्घे दशमुखान्तकः ।
पादौ बिभीषणश्रीदः पातु रामोऽखिलं वपुः ॥९॥

Translation in English:

Januni Sethu Kruth Padu, Janghe
Dasamukhandaka,
Padou Vibheeshanasreedha, Pathu
Ramokhilam Vapu ॥9॥

Meaning in English:

May Rama who built the bridge protect my two knees. May Rama who killed ten faced ones protect my two shins. May Rama who gave the wealth to Vibheeshana protect my two feet. Thus, may he protect my entire body.

एतां रामबलोपेतां रक्षां यः सुकृती पठेत् ।
स चिरायुः सुखी पुत्री विजयी विनयी भवेत् ॥१०॥

Translation in English:

Etham Rama Balopethaam Rakshaam
Ya Sukruthee Padeth.
Sa Chirayu Sukhee Puthree Vijayee
Bhaveth ॥10॥

Meaning in English:

May the good man who read this

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'stotra', which has all the power of Rama, be blessed with long life, happiness, children, success and humility .

पातालभूतलव्योम चारिणश्छद्मचारिणः ।
न द्रष्टुमपि शक्तास्ते रक्षितं रामनामभिः ॥११॥

Translation in English:

Patala Bhoothala Vyoma Charina
Chathmacharina,
Na Drushtumapi Shakthashe
Rakshitham Ramanamabhi ॥11॥

Meaning in English:

No one, who is wandering below the earth or on the earth or above the earth or those who wander surreptitiously changing their forms, will even be able to see the man protected by name of Rama, let alone bring any harm to him.

रामेति रामभद्रेति रामचंद्रेति वा स्मरन् ।
नरो न लिप्यते पापै भुक्तिं मुक्तिं च विन्दति ॥१२॥

Translation in English:

Ramethi, Ramabhadrethi
Ramachandrethi Yaa Smaran,
Naro Na Lipyathe Papair Bukthim
Mukthincha Vindathi ॥12॥

Meaning in English:

No sin can attach to the man who sing the praise of the lord Rama and he will prosper in this world and get salvation.

जगज्जैत्रैकमन्त्रेण रामनाम्नाभिरक्षितम् ।
यः कण्ठे धारयेत्तस्य करस्थाः सर्वसिद्धयः ॥१३॥

Translation in English:

Jagajaitrakamanthrena
Ramanamnabhirakshitham,
Ya Kanthe Dharayethasya Karastha
Sarva Sidhaya ॥13॥

Meaning in English:

One who wears this mantra of Rama name (naama) that has conquered the world around his neck will have all the powers at his beck and call.

वज्रपंजरनामेदं यो रामकवचं स्मरेत् ।
अव्याहताज्ञः सर्वत्र लभते जयमंगलम् ॥१४॥

Translation in English:

Vajra Panjara Namedham Yo Rama
Kavacham Smareth,
Aavyahathagna Sarvathra Labhathe
Jaya Mangalam ॥14॥

Meaning in English:

He who wears this armour of Rama gets a shield of Protection by Sri Rama called Vajrapanjarnamedam (वज्रपंजरनामेदं) and will get victory everywhere.

आदिष्टवान् यथा स्वप्ने रामरक्षामिमां हरः ।
तथा लिखितवान् प्रातः प्रबुद्धो बुधकौशिकः ॥१५॥

Translation in English:

Aadishtavan yada swapne
Ramaraksham imama hara,
Thadha likhithavan pratha prabudho
Budhakousika ॥15॥

Meaning in English:

Budha kaushika was commanded in his dream by Lord Shiva to compose this hymn and he did so, as soon as he awoke in the morning.

आरामः कल्पवृक्षाणां विरामः सकलापदाम् ।
अभिरामस्त्रिलोकानां रामः श्रीमान् स नः प्रभुः ॥१६॥

Translation in English:

Aarama Kalpa Vrukshanam, Virama
Sakalapadam,
Abhiramassthrilokanam, Rama Sriman
Na Prabhu ॥16॥

Meaning in English:

Rama, who grants all desires, removes all obstacles and is the praise of all three worlds, is our 'Lord' indeed.

तरुणौ रूपसंपन्नौ सुकुमारौ महाबलौ ।
पुण्डरीकविशालाक्षौ चौरकृष्णाजिनम्बरौ ॥१७॥

Translation in English:

Tharunou Roopa Sampannou,
Sukumarou Maha Balou,
Pundareeka Visalakshou
Cheerakrushna Jinambarou ॥17॥

Meaning in English:

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May the two brothers (Rama and Lakshmana) ever protect us, who are young, handsome, lotus-eyed, a bark and deer-skin dressed.

फलमूलशिनौ दान्तौ तापसौ ब्रह्मचारिणौ ।
पुत्रौ दशरथस्यैतौ भ्रातरौ रामलक्ष्मणौ ॥१८॥

Translation in English:

Phala Moolasinou Danthou Thapasou
Brahmachrinou,
Puthrou Dasarathasyathou Bratharou
Ramalakshmanou ॥18॥

Meaning in English:

These two sons of Dasharatha, the brothers Rama and Lakshmana, the ones who are subsisting on roots and fruits and practicing penance and celibacy, these two scions of Raghu protect us.

शरण्यौ सर्वसत्त्वानां श्रेष्ठौ सर्वधनुष्मताम् ।
रक्षःकुलनिहन्तारौ त्रायेतां नो रघुत्तमौ ॥१९॥

Translation in English:

Saranya Sarva Sathwanam Sreshtou
Sarva Danushmatham,
Raksha Kula Nihanthou Traayetham
No Raghothamou ॥19॥

Meaning in English:

The foremost among the archers, the destroyers of the demons and the refuge of all beings, (may they) protect us.

आतसज्जधनुषा विषुस्पृशा वक्ष्या शुगनिषङ्ग
सङ्गिनौ ।

रक्षणाय मम रामलक्ष्मणा वग्रतः पथि सदैव
गच्छताम् ॥२०॥

Translation in English:

Aatha Sajja Danusha Vishu
Sprusa Vakshaya Suga Nishanga
Sanginou, Rakshanaya Mama
Ramalakshmanaa Vagratha, Padhi
Sadaiva Gachathaam ॥20॥

Meaning in English:

Rama and Lakshmana (both), their bows pulled and ready, their hands on the arrows (packed) in ever full quivers (carried on their backs)

In our Sanatana Hindu dharma, we always do worship our god with some idol(murti) to concentrate and once we get fully focussed then we start

our journey in spirituality towards infinity. But during this journey for dhyana, we should protect our aura and mental state by reciting this Raksha strotra, some of the other examples of Raksha strotra are Sudarshan kavach, in our Pushti Marg and even Vishnu Sudarshan mantra and hanuman chalisa and Durga strotra and many more Raksha kavach are there.....our dharma is really great....and it really works if u do it with faith, trust and Vishwas. With this finishing this write-up. Will meet in next episode with more shlokas.
Bye
Jay Shree Krishna!!!

**SUBHAMASTU
KRUPA SHAH**

KNEE PAIN EXERCISES

DR. ROMIL MEHTA

The knee is the largest joint in the body, and it's susceptible to a lot of different conditions. Some can be caused by injury, but others are a result of overuse or simply wearing down cartilage over time. Regardless of the cause, a good exercise program can help strengthen muscles around the knee and improve mobility and flexibility. It's important to talk to a doctor or physical therapist before starting any new exercises. They can help you decide which activities are safe, and may recommend that you do more gentle exercises to ease discomfort.

Using a foam roller to loosen up the tight muscles that can be pulling on your knees may also be helpful. The exercise is called myofascial release, and it involves rolling out the muscle in a circular motion to relax and loosen up the muscles. It can be done on your own or with a physical therapist.



Walking is a low impact exercise that can ease knee pain and strengthen the leg muscles. Other types of exercise that are easy on the knees include swimming, biking and using an elliptical machine at a gym or health club. Being more active can also help you lose weight, which may take pressure off of the knees.

This exercise strengthens the muscles in the front of your thigh (quadriceps). Stand on one foot with the other leg raised off the floor and dangling freely (you can add ankle weights

for extra resistance). Slowly straighten the leg as high as possible without causing any pain. Hold for a few seconds, then lower the leg back to the ground and swap legs. Repeat 2-4 times for each leg.

**Dr Romil Mehta is a general practitioner who has a clinic called Era Clinic which is close to Panchsheel Housing Society
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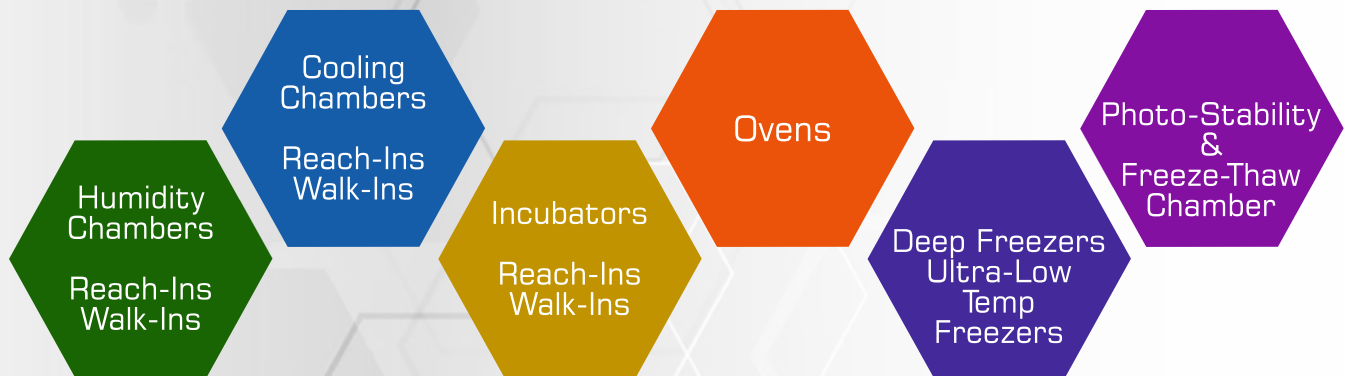
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PUFFINESS AROUND THE EYES

DR BIJAL SHAH

Some people are born with bagginess around the eyes. Some have it on upper eyelids. Some have it in their lower eyelids. Some people develop it over the age and some of them get it in old age. There are several reasons for the same.

CAUSES

1. Renal impairment- When kidneys are compromised there is retention of fluids in the body. In kidney diseases the swelling is more prominently on the face.
2. Any pathology that causes retention of fluids in the body - eg. Heart disease. Presentation of the edema is different and may appear in the morning hours.
3. Anaemia causes water retention. Typically the patient gets swelling around the eyes in the morning and it reduces over the day.
4. Thyroid disorders- In thyroid diseases there is generalised retention of fluids in the body. Person gains weight and he/she feels puffiness on their face.
5. Diet- Excessive salt intake. It may be in the form of pickles, papad, or in diet itself.
6. Allergic conditions- in these conditions there is swelling. It may or may not be associated with redness.
7. Some families have a bagginess as a facial feature. Such a condition may not be associated with any medical illness as such. It may be a simple genetic predisposition.
8. Improper sleep- If someone has problems of insomnia, the natural circadian rhythm gets disturbed giving rise to improper body functions. This in turn leads to water retention in the body.
9. Psychosomatic - People suffering from chronic mental stress tend to develop immune complexes in the body. They hamper the proper functioning of vital organs leading to retention of fluids in the body.
10. Hormonal- There is a slight amount of water retention just before menses due to hormonal change. If there is hormonal imbalance in the body then it becomes more prominent giving rise to puffiness. This may be seen before menses which gets corrected once the menses appears. In menopausal women as the hormone disturbance gets pronounced the bagginess of eyes can become a chronic feature.
11. Chronic habits of SMOKING, DRINKING etc. have their fair share of pathology. Bagginess of eyes is one of them.

CLINICAL PRESENTATION

When something on the face appears without any other symptoms or discomfort, it is natural to rush towards its cosmetic correction rather than analysing it from a medical point of view.

At an early age kidney / heart problems are less likely but it is important to remember that thyroid problems can appear at puberty. Thyroid, Anemia etc. appear very slowly and it may go unnoticed for a long time as the symptoms can be very subtle. The presentation of each pathology may be extremely varied and different.

SELF HELP

My focus is to heal the body and in turn resolve the bagginess of the eyes.

- Except for the people who are diagnosed with heart or kidney disease everyone is advised to have 8-10 glasses of water per day. If you are feeling more tired and fatigued more water will be able to flush out the toxins in the body.
- I don't need to emphasise more on adequate sleep. I guess most people are aware of the fact.
- It is a good idea to cut down on extra salt in your diet as you may be retaining water because of that.
- Gentle exercise helps in improved circulation in the body and in return helps in proper functioning of the vital organs.
- If you are having a job that requires long hours of work on the computer, eyes tend to get fatigued. This can be visible on the face. It is helpful to include eye muscle exercises in your daily routine to avoid eyes from getting tired.

IS IT OK TO IGNORE PUFFINESS OF EYES

When the body gives some small signals it is good to pay attention to them. This way we are able to catch the disease at an early stage. Under the following circumstances you can choose to ignore the puffiness.

- Hereditary - There are some people in whom the puffiness around the eyes is genetically related. Though we try to heal them with homeopathy, they may be ignored.
- Age onset bagginess in moderate amounts may be ignored. I would caution you to get checked by your doctor before you choose to do so.

POPULAR TREATMENT

As I was doing my research on the subject on Google, I was surprised to see that most sites focus only on the cosmetic side of it. Most of them recommend the surgical and cosmetic correction of the problem. There are many popular treatments available such as laser, using chemical fillers etc. I felt extremely sorry that there was not much emphasis on the medical aspect of the problem. Another sad part is that a non medical person may be left clueless whom to

approach for the problem. Since he generally doesn't feel unwell he may not think of going to his/ her physician.

ROLE OF HOMOEOPATHY

HOMOEOPATHY is able to solve the problem in the most gentle and efficient way. It is not a matter of common knowledge but the treatment for the same is not even new. It has been available almost from the time of inception of homeopathy. People who have experienced the genius of homeopathy stick to us for the same reason. As I mentioned earlier the age onset puffiness may be due to various reasons. Subtle changes in the hormone cycle though incurable with modern medicine can be corrected in the gentle manner and without use of any harmful hormonal therapy. Renal impairment is another aspect where homeopathy is very helpful. Homeopathy helps to revive the kidney function and thus clearing off the edema. Sleep disorder is also curable with homeopathy. It cures insomnia without causing any dependence on the medicines. Once the cause is cured the bagginess of the eyes also disappears. I get a lot of people who go through a lot of emotional ups and downs on a regular basis. Very often people say that your eyes give away how you are feeling today. Of course nobody can go through life without ups and downs but Homeopathy helps calm the mind and the person can have a more balanced approach. This in turn helps in overall benefit in the general health and the way you look. I do not need to emphasise that homeopathy works really well in allergies. Same is true for hormonal changes like menopause, thyroids etc.

DURATION OF TREATMENT

Duration of treatment is highly variable depending upon the cause of the problem. Since the cause for the problem is so varied, the exact duration of treatment varies. There are other factors that determine the duration of treatment like intensity, how long the patient has been suffering etc.

DR. BIJAL SHAH

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EMBRACING CHANGE: DISCOVER NEW BUSINESS OPPORTUNITIES

YOGESH SHAH

Good Morning Everyone, It is an honour to discuss one of the most crucial aspect of modern business: that is "Embracing Change". In a world characterised by the constant change and rapid advancements, the ability to adapt and to thrive in this dynamic business environment is paramount to success. We live in an era where change is not only inevitable or unavoidable but also exponential i.e. having the 'power of n' on something. Multiplying faster and faster. Technological innovations, shifting consumer preferences, political uncertainty and global pandemics are just a few examples of the forces re-shaping our business landscape. In the face of such challenges the question is not whether change will occur but how do we respond to it, that is the main question.

Embracing change is not merely about surviving, it's about thriving. It's about recognising that change presents opportunities for growth, innovation and transformation. As leaders and entrepreneurs we must cultivate a mind-set that sees change as a catalyst for progress rather than a threat to stability. Adapting to a dynamic business environment requires quick thinking, ability to bounce back, and willingness to challenge the status quo. It means being Proactive rather than Reactive, anticipating trends before they emerge, and seizing opportunities before they disappear.

One of the key pillars of embracing change is fostering the culture of innovation within our organisation. It is not limited to ground breaking inventions, it encompasses incremental improvement, creative problem solving and willingness to experiment and to learn from the failure. Take the example of Domino's : how they accepted the challenge to deliver pizzas in just 30 minutes and how did they solve the problem.

Moreover, embracing change requires a commitment to continuous learning and development. In a rapidly evolving world, knowledge becomes obsolete at an alarming rate. As such, we must cultivate a culture of lifelong learning. Our curiosity will help to adapt the changes. And once we have adapted it's nothing but celebration.

* The road to success is rarely linear, it can't be a straight line. It is marked by setbacks, challenges, and unexpected obstacles. However it is our ability

to bounce back from failure, learn from our mistakes and persevere in the face of adversity that ultimately determines our success.

Lets understand better with some examples. How Amazon has adjusted with changing business environment

Amazon was founded by Jeff Bezos in 1994 as an online book store. Over the years, it evolved into a global E-Commerce giant, expanding its product offering and services. Amazon's success lies in its customer-centric approach, innovative technology like one- click ordering and robust network. As the business environment changed, Amazon adapted by the diversifying its services. It started streaming with a Prime video and developed its own hardware. Acquisitions of other smaller companies strengthened its presence in the retail sector. Amazon's capacity to quickly respond to market trends, focus on technology and commitment to customer satisfaction have been key factors in its ability to navigate and thrive in the evolving business landscape.

Netflix

Netflix began as a DVD rental by Mail Service in 1997, but its transformation into streaming giant is a proof of its adaptability in the changing media landscape. Recognising the shift in consumer behaviour towards online streaming, Netflix concentrated its business to a streaming model in 2007, offering a vast library of on-demand content.

Key factor in Netflix's evolution include the creation of original content, which set precedence for streaming platform producing high quality exclusive content. This strategic shift helped to differentiate Netflix from traditional broadcaster and competitors.

Netflix also embraced a global expansion strategy, making its service available worldwide. This approach allowed the platform to tap into diverse markets, contributing to its rapid growth and subscriber base.

Continuous investment in technology, personalised recommendations and an adaptive pricing strategy further solidified N's position as a streaming giant. By staying tuned to consumer preferences and leveraging Data Analytics, Netflix has successfully navigated the dynamic entertainment landscape.

Khan Academy

Khan Academy ,a non-profit educational organisation has made a significant impact in Indian educational platform. By providing free high quality educational resources to students. Khan Academy's online platform offer a wide range of video lessons, practice exercises and instructional materials covering various subjects from Maths and Science to humanities and test preparations. It has made easy for student to access education. Khan Academy is empowering students from diverse background to learn at their own pace and bridge learning gaps. You might have seen latest hindi movie "12th fail" , its a wonderful example.

RIL

Reliance India Limited under the leadership Mukesh Ambani has undergone significant transformation and adaptation to thrive in the dynamic Indian business landscape. Some key points: (i) DIGITAL TRANSFORMATION: RIL recognised the importance of digital technology in India and embarked on a digital transformation journey with the launch of Jio, it's Telecom arm. Jio disrupted the telecommunication sector by offering affordable data and voice services. It rapidly gained the market share and reshaped the industry landscape. (ii) Diversification: RIL diversified from petrochemical and refining Sector to retail chains by acquisition and partnership with the Global Giants like Facebook and Google. (iii) Covid-19 Response: During Covid pandemic, RIL demonstrated adaptability by re-purposing its manufacturing facilities to produce medical grade oxygen and other essential supplies, contributing to India's healthcare infrastructure.

RIL's journey exemplifies the importance of embracing change, innovation and diversification to thrive in the dynamic Indian business environment. RIL has positioned itself as a leading conglomerate in India and a global player in various industries.

In conclusion, embracing change is not just a strategy for survival, its a mind-set that fuels innovation, growth and bouncing back after setback. As we navigate the complexities of modern business landscape, let us embrace change as an opportunity to re-imagine the future, unlock new possibilities and create lasting value for our organisation and for Society as a whole.



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WHY KHADAYATA RATNA ?

KCBF – Konnect eBulletin Team has introduced the column of “**Khadayata Ratna**” since last almost a year. During this period the eBulletin Team has tried to bring before its readers the highlights of prominent Khadayatas who have contributed substantially during their life span – in their respective profession, society and to Khadayata community in particular. The objective is clear – to highlight our own community people who can act as the “**Role Model**” for current as well as future generation/s.

There are almost eight billion humans (7.9) on our planet. They are spread over different continents and countries. E.g., in India we have 1.3 billion people. They further get divided in to states – like Maharashtra, Gujarat, Uttar Pradesh etc. further into Districts like Sabarkantha, Aravalli etc. Within

this further classification into different communities – like Khadayatas, Kshatriyas, Brahmins etc.

If you observe, in order to acknowledge the people for their contribution to the SOCIETY they serve they are acknowledged from time to time. E.g., **Internationally it's NOBEL PRIZE** – in all different categories. **Bharat Ratna, Padma Bhushan, Padma Vibhushan at National level.** Similarly, there are different awards in other fields like Film Industry, Literature, Army, Sports, Police etc. the objective being not just to acknowledge their contribution but to also provide the present and future generations to take lead from their life and to act as role model. E.g. Sachin Tendulkar – could be a role model for many budding cricketers. Lata Mangeshkar, Akshay Kumar in film industry, Swami Vivekanand, Swami Chinmayanand in spirituality etc.

It is with this objective we decided to provide brief profile, achievements and contributions of the prominent Khadayatas in our monthly bulletin. The name/s are approved by the majority consensus. One of the objectives of the KCBF is to also try and hold our community together at a time when the social structures and joint family systems are getting disintegrated and replaced by nucleus family units – whereas Western countries are increasingly appreciating and turning to Indian culture.

We would be glad to receive the names and write-ups of such prominent Khadayatas for coverage in forthcoming issues.

Editorial Team: Mr. Premal Parikh | Mr. Nainesh Shah | Dr. Jignesh Bhalavat | CA Jigar Shah | Ms. Pratibha Shah

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Note: We, at KCBF, have decided to publish profile of each life members and hence requested them to share details about their Business / Professional / Service etc including family in their own words (150/175). We also thought to introduce a renowned Khadayata under “Khadayata Ratna” - A person of eminence from Khadayata community who can be Businessman / Professional or Service at highest position from any field. It's a prerogative of KCBF Admin Committee from the name suggested and/or forwarded to KCBF. The honour given is based on individual's contribution to profession, community and society at large. The award carries no material/monetary medal or certificate but the basic objective is to bring to light our own people as role model for current and future generation of our community.

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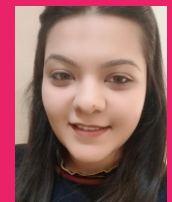
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